

3HO International Kundalini Yoga Teachers Association

March 23, 2016

Dear Members of the 3HO International Kundalini Yoga Teacher's Association (IKYTA) and National Kundalini Yoga Teacher Associations (NKYTAs),

Sat Nam. As many of you are aware, 3HO and IKYTA are the organizations that Yogi Bhajan established many years ago to serve the needs of students and teachers of Kundalini Yoga and the 3HO lifestyle. A very vital component of these organizations, The Office of Ethics & Professional Standards & Conscious Conflict Resolution (EPS) was created to protect and serve the needs of the students and teachers practicing this sacred technology. The Code of Excellence, which includes the Code of Ethics & Professional Standards of a Kundalini Yoga Teacher was developed with Yogi Bhajan and the Office of EPS has continued evolving the Code to serve the challenges we face as a growing community of Kundalini Yoga Teachers, Teacher Trainers, and practitioners.

If there is a violation in the Code of Ethics & Professional Standards of a Kundalini Yoga Teacher, there is a very clear process which a teacher or student can take <http://www.ikyta.org/complaint-procedure>. You can contact the Office of EPS if there is any situation you are concerned about. We can help you sort it out, or move to a Complaint Process, Mediation or Restorative Justice. EPS responds to every complaint, regardless of who or what it is about. EPS now handles complaints regarding Teachers, Teacher Trainers, Ministers or any of our organizations. EPS works very diligently to resolve challenging situations in the most compassionate and necessary ways. There is always an opportunity given by the EPS Office for a person to clear their name and rectify the situation.

Recently, there were formal complaints brought to the Office of EPS about a KRI Mentoring Lead Trainer, Karta Singh from the Amrit Nam Sarovar School in France. In accordance with the Complaint Procedure, Karta Singh was notified of the complaints and given the opportunity to respond.

On March 1, 2016, in the middle of the Complaint Procedure, EPS received from Karta Singh, his written resignation as a Teacher of Kundalini Yoga as taught by Yogi Bhajan®, as a KRI Aquarian Trainer Academy Mentoring Lead, as a member of Teacher Trainer Executive Council (TTEC) and as a member of the Aquarian Trainer Academy's Certification Committee, as a Sikh Dharma Minister and as a Khalsa Council Member. Karta Singh was not asked or pressured to leave our organizations. It was his decision to move in another direction. With Karta Singh's resignation, the Complaint Process stops, as he no longer has standing with our organizations.

There are stories going around that the complaints were based on petty issues. In fact, the complaints contained allegations of breaches of the Code of Ethics & Professional Standards of a Kundalini Yoga Teacher.

3HO, IKYTA and the NKYTAs are here to support each of you during this time of transition and change. We stand as one to answer any questions or concerns you might have. You are part of a worldwide global community of Kundalini Yoga Teachers and practitioners. It is our prayer that we may continue to walk together in this Aquarian Age to serve the needs of those longing to be Healthy, Happy and Holy through this incredible technology and lifestyle of Kundalini Yoga as taught by Yogi Bhajan®.

If you have a story to share about your personal experience, please contact Guruka Kaur at eps@3ho.org. We would be grateful to listen to your story about this or any other situation that you may have concerns or questions about. Your story is very important to us, so we can keep growing and face difficult challenges together.

If you were trained in an Amrit Nam Sarovar Teacher Training Program, your certification as a Level 1 Kundalini Yoga Teacher will not be affected. If you are current in your membership with IKYTA and your NKYTA then your membership in these organizations is still in good standing.

Please contact your local association for more assistance or clarification. With gratitude for your service and dedication,

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